



Key Points

- Oxidative stress (OS) has extensive implication on male infertility due to its ability to induce lipid peroxidation of the spermatozoa's membrane.
- Previous methodologies have been developed to assess how reactive oxygen species affect sperm directly or indirectly by decreasing total antioxidant capacity (TAC). However, these methods are time-consuming and technically demanding and require expensive instruments. Nitroblue tetrazolium (NBT) was an assay to avoid these pitfalls, but the uncertainty of what causes it to indicate OS calls into question its diagnostic accuracy.
- The MiOXSYS system was developed to allow an easy determination of oxidation-reduction potential without requiring an expensive instrument and laborious methodologies.
- Preliminary tests validated the MiOXSYS system's sensitivity to OS, its reliability, and reproducibility.
- The most accurate way to determine an oxidation-reduction potential cutoff is to assess semen with abnormality versus semen without abnormality. Several investigations have led to the refinement of the current cutoff of $1.34 \text{ mV}/10^6 \text{ sperm/mL}$.
- Global studies on this cutoff value show a deviation cutoff ORP, suggests further investigations into how ORP and OS changes reflect ethnic-specific pathology.

30.1 Introduction

Currently, male infertility is assessed globally by performing a routine semen analysis, which is the cornerstone of andrology. However, it has received criticism in its ability to assess male infertility [1]. The controversies surrounding basic semen analysis stem from three discrepancies. The first is the failure of the World Health Organization (WHO) fifth edition semen analysis results to predict male fertility [2–5]. The second is the lack of inclusion of Middle East, Latin American, Asian, and African countries in the formation of the WHO fifth edition guidelines [6]. The exclusion of Northern and sub-Saharan African countries is particularly negligent as these countries have the highest global prevalence of infertility [7]. The third is the failure to assess the functional health of the sperm as semen analysis does not necessarily reflect the sperm's ability to fertilize the oocyte [5, 8].

Male fertility functional tests can provide a variety of information regarding the health of the sperm. Acrosome reaction testing can indicate if spermatozoa are able to undergo the necessary acrosome reaction to fertilize the oocyte [9]. Once sperm have prematurely undergone acrosome reaction, they cannot fertilize the oocyte, which indicates a pathological process in the semen [10–12]. Zona sperm penetration assay assesses if spermatozoa are capable of penetrating the zona pellucida membrane of the oocyte [13]. Inability of the spermatozoa to penetrate the zona pellucida indicates a pathological process either in capacitation, acrosome reaction, or zona pellucida binding/penetration [13, 14]. As reactive oxygen species (ROS) initiates acrosome reaction and facilitates zone pellucida penetration, an overproduction of ROS could cause premature initiation of either process and facilitate infertility, and subsequent functional tests could determine the etiology of infertility [9, 15, 16]. However, with the advent of intracellular sperm injection (ICSI), both functional tests provide little clinically useful information as ICSI is the resolution to both aforementioned pathologies [8]. Since ICSI bypasses

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all biological barriers preventing sperm, an emphasis has been placed on sperm DNA fragmentation (SDF) as one of the last sperm factors that can influence fertilization success. One pathology which directly increases SDF is oxidative stress (OS).

30.2 Oxidative Stress

OS is the condition when ROS overwhelms spermatocidal antioxidants [17–20]. Sperm production of ROS was first investigated in 1943 when sperm incubated in high oxygen concentrations had improved motility with the addition of catalase [21]. While elevated ROS production decreases sperm viability, a small amount of ROS is needed to induce physiological processes of capacitation and acrosome reaction [22–24].

Therefore, ROS have both a beneficial and detrimental role in sperm function (Fig. 30.1).

Reactive oxygen species traditionally are free radical oxygen molecules with an unpaired electron but can also act as powerful oxidizers [25]. Hydrogen peroxide is an example of a powerful oxidizer and is significant in male infertility as it is more stable than other forms of ROS [26]. Free radical ROS are subdivided into categories based on the oxygen functional group that contains the radical [22, 23]. More clinically relevant subtypes of free radicals with regard to male infertility are peroxy (ROO^-), hydroxyl (OH^\cdot), and superoxide ($\cdot\text{O}_2^-$) [27, 28]. While ROS technically only have oxygen as the reactive atom, it has become an umbrella term to include other nonoxygen-based radicals too. Reactive nitrogen species (RNS) are involved in OS [29]. RNS subdivided into groups based on the functional nitrogen group

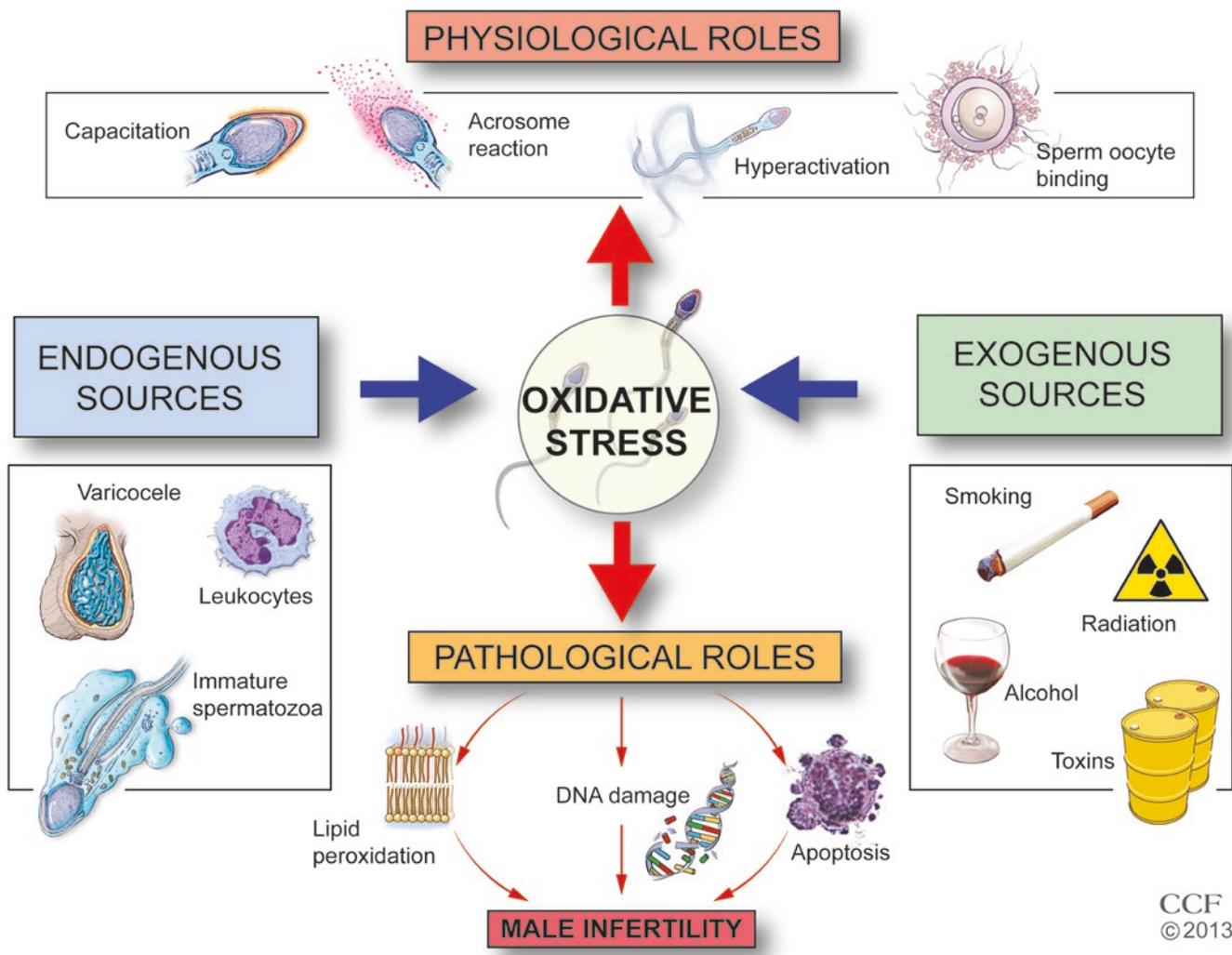


Fig. 30.1 An overview of how reactive oxygen species are involved in physiological processes, such as capacitation and acrosome reaction. When ROS, from either endogenous or exogenous etiologies, are over-

abundant, pathological processes develop, thus leading to male infertility. (Reprinted with permission, Cleveland Clinic Center for Medical Art & Photography © 2013–2018. All Rights Reserved)

attached to the radical, too [22]. Clinically relevant RNS are nitric oxide (NO) which, in reaction to superoxide, produces peroxynitrite (ONOO^-) [28, 29, 30].

Elevated reactive oxygen species are present in 20–80% of all male infertility patients [31], and antioxidant concentrations are depleted compared to fertile men [17, 18]. Sources of ROS can be either exogenous or endogenous to the spermatozoa. Endogenous sources of ROS are varicocele, diabetes mellitus type 2, metabolic syndrome, infection, immature spermatozoa, and elevated body temperature [26, 32–35]. Exogenous sources of ROS are alcohol abuse, drug abuse, mobile phone use, radiation, heavy metal exposure, prolonged exposure to high temperatures, and semen processing [36–40].

Spermatozoa can metabolically form superoxide, hydroxyl, and nitric oxide radicals [41]. In fertile men, metabolic ROS production is sequestered by enzymatic and low molecular antioxidants [42]. However, in idiopathic infertility, OS causes depletion of antioxidants and allows propagation of ROS-mediated damage [43, 44]. As spermiogenesis removes excess cytoplasm, deregulation of this process produces immature spermatozoa which retain an abundance of cytoplasm [17, 45]. The cytoplasm contains NADPH oxidase which continually produces ROS [46]. Leukocytospermia is a condition where leukocytes, particularly granulocytes, are excessively present ($>1 \times 10^6/\text{mL}$) in semen, which results in significant increase in ROS production [47, 48]. Leukocytes are particularly destructive as they produce up to 100 times the ROS compared to that of immature spermatozoa [49]. Sperm are susceptible to ROS-mediated damage by a variety of pathways. The first is the composition of the sperm plasma

membrane primarily being comprised of polyunsaturated fatty acids which undergo electrophilic reactions with ROS, thus resulting in lipid peroxidation [18, 50–52]. Reactive oxygen species can destabilize the mitochondrial membrane potential which results in increased ROS production and depletion of adenosine triphosphate [53–56]. The most significant effect of ROS-mediated infertility is the increase in sperm DNA damage. In the presence of ROS, spermatid DNA forms base adducts which results in single-strand DNA breaks as spermatozoa lack the enzymes to repair a basic site (Fig. 30.2 [57–59]). High levels of SDF results in the failure of sperm to fertilize the oocyte in natural conception and assisted reproductive techniques [60–63]. Therefore, assays to determine ROS levels and their effects on antioxidant concentrations have been developed to understand and diagnose ROS-mediated infertility.

Assays to determine ROS in infertile men are evaluated by chemiluminescence, total antioxidant capacity (TAC), and, more recently, nitroblue tetrazolium (NBT) [31, 64–69]. Each methodology showed different pathologies with male infertility and presented with their own advantages and disadvantages (reviewed in Table 30.1). Chemiluminescence utilizes luminol as an ROS probe to determine concentrations of ROS either intracellular or extracellular to spermatozoa [70]. Elevated ROS results in lipid peroxidation of the sperm membrane, acrosome-reacted sperm, axoneme damage, and DNA damage [18, 50, 57, 71, 72]. TAC assays determine how well a semen sample can suppress the effects of ROS. Assays for the measurement of TAC utilize a source of ROS propagation and a probe which is sensitive to ROS-induced photon emission. The probe utilized can be either chemiluminescent, such

Fig. 30.2 OS can directly lead to formation of 8-OHdG base adducts. As spermatozoa are unable to repair these adducts, spermatozoa shall enter apoptosis when fragmentation is elevated. (Reprinted with permission, Cleveland Clinic Center for Medical Art & Photography © 2013–2018. All Rights Reserved)

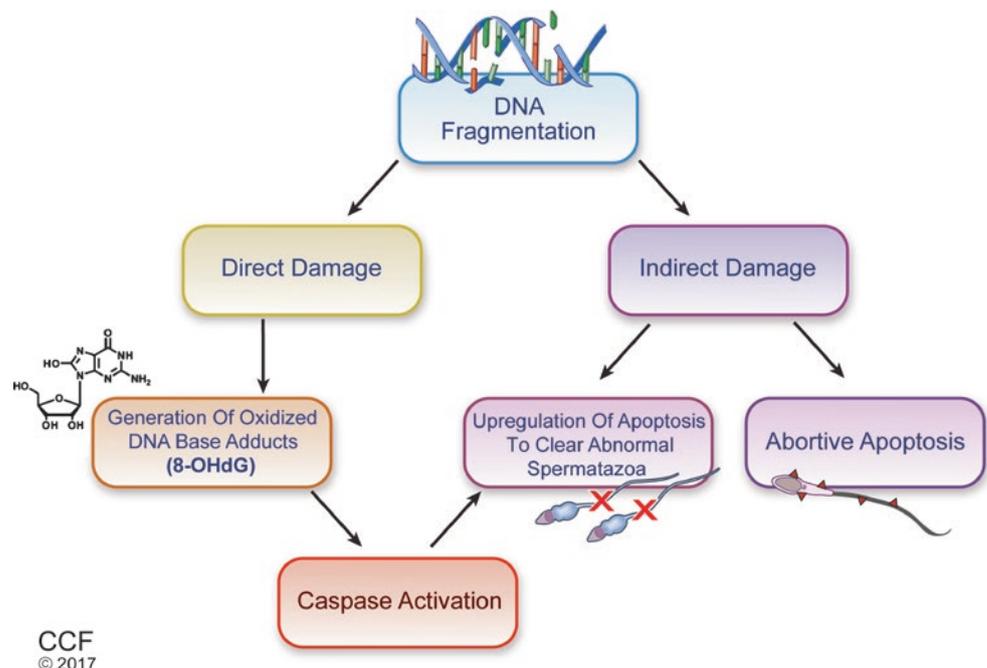


Table 30.1 Current assays used to determine OS in semen

Assay	Description of finding	Advantages	Disadvantages	References
Chemiluminescence (ROS)	Commonly utilizes lucigen or luminol probes which react with ROS and emit a photon	The assay directly measures both intracellular and extracellular concentrations of ROS	Time-consuming, equipment is expensive, semen age affects the results, must be conducted in the dark to avoid interference with external light sources	[31, 64, 70]
Total antioxidant capacity (TAC)	The semen's ability to suppress chemiluminescence or colorimetric expression when exposed to a source of ROS determines the relative amount of antioxidant in the sample	Measures antioxidant concentration in semen Colorimetric method allows for a quick result	Requires expensive equipment; the length of the assay can change the results obtained	[66, 67, 121, 122]
ROS-TAC score	A statistical model used to determine semen quality and ability to compensate for OS	ROS-TAC scores are easy to comprehend, wholesome indicators of OS in semen	Time-consuming, requires calibration for the center's demographics prior to diagnostic capability, requires both a plate reader and a spectrophotometer	[19, 43, 123]
Nitroblue tetrazolium (NBT)	NBT is a clear, yellowish probe which turns indigo when exposed to ROS	Requires a fluorescent microscope, significantly reduces testing costs	NBT has questionable specificity for only ROS to cause the color changes	[69, 76, 124]
Thiobarbituric acid reactive substances (TBARS)	Able to detect lipid peroxidation by detecting MDA adduct formation	MDA formation is stable and is additive over time, showing OS damage over time Flow cytometer allows determination of 5000 sperm over the 200 from microscope evaluations	Requires a flow cytometer and strict quality control to produce reliable results	[125, 126]
Oxidation-reduction potential (ORP)	Provides a measurement of redox balance or ORP through an electrochemical measurement of all known and unknown oxidants and antioxidants	The only assay that measures redox balance exclusively. System procedure requires very little technician involvement and is easy to standardize	Affected by high levels of semen viscosity. Cannot be tested in stored samples containing sperm preparation media, buffer, or cryoprotectants	[77, 83, 112]

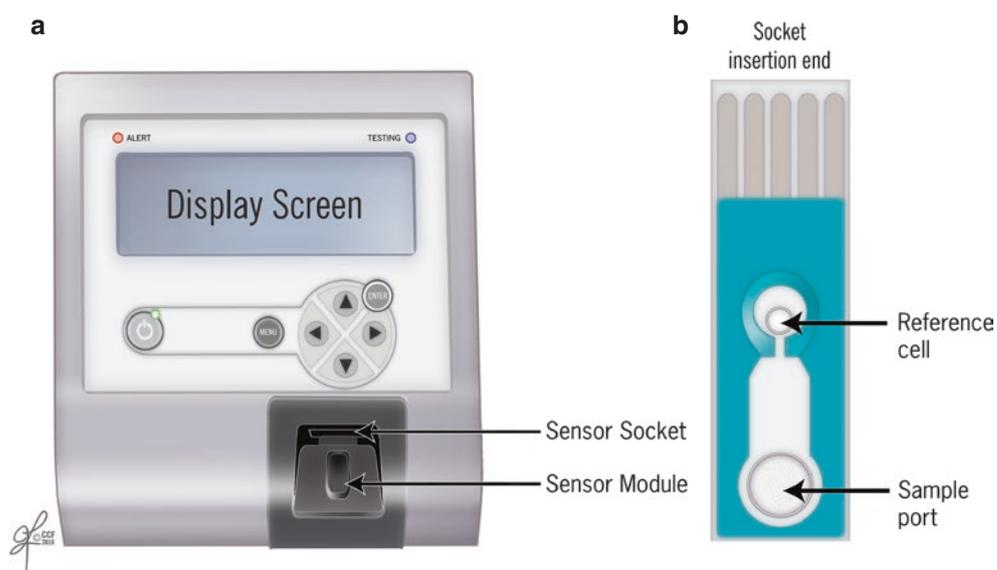
as luminol, or colorimetric, such as 2,2'-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) [66, 73]. The antioxidants in a semen sample will prevent either a photon emission or a color shift and, thus, produce the TAC. Low TAC values indicate a decrease in antioxidants present within the semen and subsequent pathological processes.

While chemiluminescence and TAC methodologies have advanced the pathological understanding of OS, they have poor diagnostic characteristics. Both methodologies are time-consuming, laborious, and require skilled personnel and expensive instruments [74, 75]. To circumvent these limitations, NBT was explored as an alternative to chemiluminescent techniques. To assess OS with NBT, a bright field microscope is required and visual acuity to determine sperm that have minimum color from those with dark-blue staining [68, 69]. While NBT has questionable specificity for oxidation strictly by ROS, the low cost of the assay allows NBT to be economical for developing nations, thus allowing OS to be standardized across the globe [46, 76]. Given the clinical significance of OS in male infertility evaluation, there is a need for a simple, cost-effective, and robust methodology.

30.3 The MiOXSYS System

The MiOXSYS system (Fig. 30.3) is an innovative system for diagnosing OS-induced infertility. The principle is to determine oxidation-reduction potential (E^{ORP}) of the Nernst equation (Eq. 30.1) [43, 43, 44]. The MiOXSYS system measures E^{ORP} utilizing a galvanostatic measurement of a working solution [74, 77]. Galvanostatic measurements are not innovative in their own right, as they were originally described in 1941 [78]. The original use of these systems was to measure potential changes in electrolytic processes. The most widespread application of electrolytic chemistry was in municipal water supply chlorination [79–81]. Biological application of oxidation-reduction potential was observed in donor-acquired organs for transplantation, as ORP can be used to monitor ischemia-induced organ injury [82]. However, there was a limited use for ORP in biological samples due to the large volume of specimen required, the large size of the analyzers, and the impracticality of handling multiple samples in a timely manner [74, 80]. The MiOXSYS System enables the scope of ORP to be applied to semen and other biological samples:

Fig. 30.3 (a) The MiOXSYS instrument is a compact and simple instrument. (b) Due to the use of disposable sensors, semen samples can be applied to the sample port and through capillary action connect the reference cell to a working circuit. Once these circuits are connected, the instrument assesses the resistance of the sample and generates an ORP value. (Reprinted with permission, Cleveland Clinic Center for Medical Art & Photography © 2013–2018. All Rights Reserved)



$$E(\text{ORP}) = \frac{E^0 - R \cdot T}{n \cdot F \cdot \ln \frac{[\text{Ox}]}{[\text{Red}]}} \quad (30.1)$$

E (ORP) is the oxidation-reduction potential of the sample (in mV), E^0 is the standard reduction potential of hydrogen, n is the number of electrons exchanged (in moles), T is the absolute temperature (in degrees kelvin), F is Faraday's constant, R is the universal gas constant, $[\text{Ox}]$ is the concentration of oxidations in the sample (in moles), and $[\text{Red}]$ is the concentration of reductants in the sample (in moles).

The MiOXSYS System utilizes two primary components: a disposable single use platinum based sensor and a small galvanostat analyzer. The test sensors allow 30 μL of sample which is applied to the sensor port and connects the working circuit to the reference circuit [83]. The MiOXSYS analyzer is compact and requires very little laboratory bench space. The MiOXSYS system procedure takes approximately 5 minutes and requires very limited hands on time. The MiOXSYS System applies a low voltage current to the sample and the electron activity is measured in millivolts (mV). Results from the MiOXSYS system require the ORP to be normalized by the concentration [77].

30.4 Oxidation-Reduction Potential and Male Infertility

While other methods determine OS either by measuring ROS, TAC, or both, ORP is an independent measure of OS. Oxidation-reduction potential cutoff values were

validated as a clinical marker of OS in infertile males (reviewed in Table 30.2). The first study was to establish if ORP can determine semen quality according to the WHO fifth edition guidelines.

30.4.1 Semen Quality and Oxidation-Reduction Potential

Prior to the diagnostic validation of the MiOXSYS system, a series of analytical studies were undertaken to determine the reliability and repeatability in a clinical laboratory setting. Agarwal et al. [77] established the ORP does not significantly vary between the time of collection and 120 min after liquefaction, validating ORP is stable in semen up to 2 h. In addition to the stability of time and ORP, the difference in ORP between semen and seminal plasma was determined. Agarwal et al. [43] validated that both semen and seminal plasma were time-independent and had ORP values correlating with each other.

Additional investigations examining the influence of oxidants on biological semen samples being analyzed by the MiOXSYS System were performed. Agarwal et al. studied the effects of cumene hydroperoxide in fresh and frozen semen samples. The study also investigated whether freezing of semen samples induced exogenous OS, which increased ORP [87]. Both motility and viability decreased significantly in a dose-dependent manner when exposed to cumene hydroperoxide. The ORP readings increased significantly in a dose-dependent manner, as well, but failed to show a significant correlation with the decrease in motility and viability [87]. In addition, it was validated that an increase in ORP is indicative of OS.

Table 30.2 Determining a cutoff value for ORP to diagnosis male infertility

ORP cutoff (mV/10 ⁶ sperm/mL)	Pathologic indication	Sensitivity	Specificity	PPV	References
1.635	> 4 abnormalities on semen analysis				[91]
3.29	Abnormal morphology of < 4%		89.1	85.7	[92]
1.57	Able to detect at least one abnormality on semen analysis				[109]
1.42	one abnormality on semen analysis across nine different centers	97.1	43.7	94.2	[116]
1.48	Abnormality on semen samples from a neat semen sample	60	75		[77]
2.09	Abnormality on semen analysis with seminal plasma	46.7	81.8		[77]
1.57	Detect one abnormality and able to determine oligozoospermic with greatest accuracy among patients	70.4	88.1	95.5	[105]
1.38	One abnormality on semen analysis with a better odds ratio than 1.41	63.3	87.8	97.6	[89]

ORP oxidation-reduction potential, PPV positive predictive value

Initial clinical validation of ORP was performed using semen samples from fertile donors and infertile patients. Cutoff value of 1.36 mV/10⁶ sperm/ml was established with a sensitivity 69.6%, specificity 83.1%, positive predictive value 85.3% and negative predictive value 65.9% using MiOXSYS analyzer [106]. ORP levels were lower in fertile controls (1.03 mV/10⁶ sperm/mL) compared with infertile patients (5.49 mV/10⁶ sperm/mL) [89]. In fertile donors, ORP values were negatively correlated with sperm concentration [77]. Whereas, in infertile patients, ORP values were negatively correlated with both concentration ($r = -0.883$) and total motility ($r = -0.369$) [43]. Arafa et al. also reported a negative correlation between the ORP levels and semen parameters such as sperm concentration, total sperm count, total motility, progressive motility, and normal sperm morphology [89, 90]. Poor semen parameters with increased ORP indicates a state of OS.

Elbardisi et al. [91] divided patients into those who had an abnormality in at least one semen parameter ($n = 364$) and those with no abnormalities on semen analysis ($n = 64$) according to WHO fifth edition guidelines. ORP readings from the seminal plasma between abnormal and normal semen parameters revealed ORP did not correlate with motility but did so with progressive motility and morphology [91–94]. Seminal plasma ORP was most effective at differentiating patients with >4 abnormalities and was not effective in patients with a single abnormality on semen analysis [91]. Majzoub et al. [93] determined ORP values between infertile patients who had a significant correlation between abnormal morphology, particularly sperm head defects ($r = 0.34$), and SDF (measured by sperm chromatin dispersion assay; $r = 0.73$). Arafa et al. [95] assessed ORP's ability to correlate semen parameters and SDF. SDF was evaluated by Halosperm and significantly correlated with ORP ($r = 0.351$). Interestingly, patients with lower ORP values had higher total motility [95]. Subsequently, ORP correlated significantly with SDF values, it serves as a surrogate marker for centers without the capabilities to determine SDF [96].

While ORP comparisons between fertile and infertile patients assess how semen quality varies between patients of

all etiologies to fertile controls, other studies determined if the MiOXSYS system can differentiate ORP values from patients with known OS-induced pathologies. Semen cryopreservation diminishes post-thaw sperm survival due to cryo-injury which is partially caused by OS induced by the increased metabolism during the thawing process [97]. The post-thawed semen samples produced higher ORP values which negatively correlated with post-thaw total motility, total semen counts, and cryo-survival [98]. Roychoudhury et al. [99] determined that grade 3 varicocele had significantly higher ORP levels compared to other varicocele grades in idiopathic infertile patients and fertile controls. Saleh and Agarwal [100] confirmed this difference between varicocele and idiopathic infertility. In addition, patients with varicocele had ORP levels which correlated with total motility, total motile count, progressive motility, abnormal morphology, and leukocyte concentration [100]. Varicocelectomy improves OS markers in male infertility patients [101–103], and, as expected, ORP reflects this in post-surgery patients [104]. Patients who had undergone varicocelectomy had significantly reduced ORP three months post-operation [104]. For patients with leukocytospermia, empiric doxycycline treatment reduced ORP by 56% after completion of the treatment [105]. With ORP reflecting poor semen quality, investigations were pursued on establishing various cutoff values to diagnose different aspects of male infertility.

30.4.2 Determining a Cutoff to Diagnose Infertile Men

In determining a cutoff value for the MiOXSYS system, a fundamental question prior to establishing a value is how many readings are required to produce a reliable result. To produce a reliable result, the MiOXSYS system requires a single reading. ORP values determined in duplicates change insignificantly by 0.1 mV/10⁶ sperm/mL, indicating one reading is accurate [89]. Assaying how the observer can induce a change in the reading is an important aspect of any clinical test as readings can vary between a single

observer (intraobserver) and multiple observers (interobserver). Readings between a single observer and multiple observers vary by 3.61% by 8.39%, respectively, validating that the MiOXSYS system produces a reproducible and reliable diagnostic marker [106, 107]. Clinicians are reported with only a single ORP reading.

A cutoff ORP value for men with infertility versus fertile controls can be determined in a multitude of ways (reviewed in Table 30.2). One method to determine an ORP cutoff is to compare its values from fertile men and infertile men and establish a cutoff which distinguishes with the greatest accuracy between those two populations. Agarwal et al. [77] determined such a cutoff by evaluating both semen samples and seminal plasma from fertile and infertile men. The cutoff value for semen is 1.48 mV/10⁶ sperm/mL with an accuracy of 78.9%. However, there is a difference between semen and seminal plasma cutoffs as seminal plasma cutoff is 2.09 mV/10⁶ sperm/mL with an accuracy of 72.9%.

Reports have examined a second method to determine an ORP cutoff which can distinguish between semen without an abnormality and those with an abnormality according to WHO fifth edition guidelines [108]. When comparing men with completely normal semen parameters to men with at least one abnormality on semen analysis, an initial cutoff of >1.57 mV/10⁶ sperm/mL indicates a patient has one abnormality on semen analysis and has OS [105, 109]. The cutoff values have a sensitivity of 70.4%, specificity of 88.1%, and a positive predictive value (PPV) of 95.5% to distinguish between semen with no abnormality and semen with at least one abnormality. Further refinement by Arafa et al. [110] determined a cutoff of 1.42 mV/10⁶ sperm/mL that distinguishes infertile men with at least one abnormality with a specificity of 78% and PPV of 95.7%. A cutoff of 1.64 mV/10⁶ sperm/mL differentiates 96% of infertility patients with greater than four abnormalities on semen analysis [91].

For a more specific cutoff value, ORP values which can distinguish abnormal morphology were further investigated as morphology has the highest predictive power to differentiate between infertile and fertile men [108]. A cutoff of 3.29 mV/10⁶ sperm/mL distinguishes semen with high abnormal morphology [92]. When the sample size was increased from 400 infertile men to 1168, the cutoff was refined to 1.73 mV/10⁶ sperm/mL with a sensitivity of 76%, specificity of 72%, and PPV of 69.2% [111].

To determine which method to utilize for a definitive cutoff value, Arafa et al. [89] compared fertile and infertile men. A cutoff of 1.36 mV/10⁶ sperm/mL was determined with ORP from men with one abnormality on semen analysis. A second cutoff was determined by comparing infertile versus fertile ORP values regardless of semen analysis results which produced a cutoff of 1.41 mV/10⁶ sperm/mL. By comparing which cutoff had a better odds ratio in

distinguishing fertile from infertile men, the more accurate cutoff was determined as the ORP with an abnormality on semen analysis [89]. An ORP based on a semen abnormality by semen analysis can differentiate between normozoospermic and oligozoospermic men but cannot differentiate with asthenozoospermic men [108]. The cutoff of 1.36 mV/10⁶ sperm/mL was further evaluated and has a sensitivity of 69.6%, specificity of 83.1%, and PPV of 85.3% [106]. Men with ORP values greater than 1.36 mV/10⁶ sperm/mL had negatively correlated concentration ($r = -0.823$), total count ($r = -0.728$), motility ($r = -0.485$), and normal morphology ($r = -0.238$). While the cutoff value was determined, validation with more than one individual infertility center is required to validate the utility on a global scale.

30.4.3 Global Validation

The first multi-center was completed by a center in the USA and in Qatar. The main objective was to determine the ORP values in infertile men and fertile donors at both the centers and to establish a cutoff value. Both populations had a significant difference between fertile controls and infertile patients in concentration, motility, progressive motility, and normal morphology [112, 113]. To determine a cutoff, patients and controls were divided with the presence of one abnormality on semen analysis. Interestingly, the study found a difference between normal morphology and motility between infertile patients, validating the criticism of subjectivity in semen analysis [114, 115]. The cutoff was 2.26 mV/10⁶ sperm/mL for the United States and 1.42 mV/10⁶ sperm/mL for Qatar. When the two populations were combined, the cutoff was determined to be 1.42 mV/10⁶ sperm/mL [112]. Infertility centers from the United States, Qatar, Japan, the United Kingdom, Turkey, Egypt, and India (nine in total) determined a cutoff of 1.34 mV/10⁶ sperm/mL [112]. The data from the centers revealed ORP has the highest predictive value to differentiate fertile from infertile men, compared to traditional semen analysis [116].

30.4.4 Oxidation-Reduction Potential and In Vitro Fertilization

Continuing this trend, two studies evaluated whether ORP can determine the effect of various culture media on sperm. To determine if culture medium responses to OS are distinguishable by ORP, Panner Selvam et al. added varying concentrations of ascorbic acid and cumene hydroperoxide to culture media [117]. The effect on media shows ascorbic acid reduced ORP and cumene hydroperoxide increased

ORP. When comparing baseline ORP values of various media, a trend emerged; ART media had lower ORP values than sperm wash media and cryopreservation media had ORP values in between [117]. The findings suggest the antioxidant capacity of ART media is higher than that of cryopreservation and sperm wash media. Comparing the effect of ART media versus a neat semen sample after 1 h revealed polyvinylpyrrolidone (PVP) had a lower ORP than either hyaluronic acid or neat semen [118]. The results show PVP allows for better antioxidant capacity over a prolonged time compared to neat semen.

30.5 Five-Year Outlook

While the MiOXSYS system provides a novel method to determine OS, the system requires further validation within the IVF setting prior to universal acceptance.

Subsequently, the effect of ART media and semen is interesting; however, determining the physiological ORP of sperm will allow a more comprehensive understanding of how changes in ORP affect sperm. Understanding how media causes semen to deviate from physiological ORP allows the development of media which maintain semen quality longer. Subsequently, media refinement would minimize the effect of OS on successful fertilization after cryopreservation and assisted reproductive technique.

Oxidation-reduction potential correlates with SDF determined using Halosperm assay. As different methods to evaluate DNA fragmentation assess different aspects of SDF, investigating if ORP correlates with TUNEL and/or SCSA is required [119, 120]. This will better reassure the robustness of ORP as a surrogate marker for SDF.

30.6 Conclusion

OS and idiopathic male infertility has been well documented in the literature. Evaluating redox balance in a patient's semen has been explored previously, but the techniques are labor intensive, time-consuming, and unable to be standardized in routine clinical practice. The MiOXSYS System provides a rapid and accurate measure of redox balance in a simple and standardizable method. The MiOXSYS system cutoff based upon semen analysis abnormality produces the highest predictive power to distinguish between fertile and infertile men.

30.7 Review Criteria

An extensive review of the literature regarding OS, male infertility, and oxidation-reduction potential was performed using PubMed, Google Scholar, and Medline databases.

Articles were initially assessed for the following keywords: "oxidation-reduction potential," "MiOXSYS," "male infertility," "semen analysis," "sperm functionality," and "oxidative stress." Only articles published in English were reviewed.

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